

## League positions after Race 4

Club	R 1 pts	R1 score	Race 2 points	Race 2 score	Race 3 points	Race 3 score	Race 4 points	Race 4 score	Total points	Total score
<b>Men's Division 1</b>										
VP	8	45	8	61	8	43	8	39	32	188
OH	7	84	5	146	7	63	7	60	26	353
EM	6	93	7	92	6	124	5	113	24	422
TP	5	254	6	99	4	306	6	104	21	763
EL	3	313	4	186	5	277	4	306	16	1082
LO	4	257	3	228	3	480	3	330	13	1295
IL	2	412	2	226	2	590	2	569	8	1797
WG	0	558	0	330	1	849	0	594	1	2331
Club	R1 pts	Race 1 score	Race 2 points	Race 2 score	Race 3 points	Race 3 score	Race 4 points	Race 4 score	Total points	Total score
<b>Men's Division 2</b>										
ET	9	113	8	124	10	77	8	188	35	502
BR	8	136	9	116	9	119	7	249	33	620
BA	6	161	10	85	5	233	9	76	30	555
LH	5	180	3	234	6	205	10	33	24	652
MC	4	216	7	142	7	183	5	332	23	873
ED	10	73	4	199	1	323	4	339	19	934
LC	2	218	2	248	8	147	6	321	18	934
DA	5	176	5	186	4	266	3	386	17	1014
HW	7	159	6	176	2	310	2	394	17	1039
EE	0	252	0	276	3	267	1	447	4	1242
Club	R1 pts	Race 1 score	Race 2 points	Race 2 score	Race 3 points	Race 3 score	Race 4 points	Race 4 score	Total points	Total score
<b>Women's Division 1</b>										
VP	8	61	8	49	8	69	8	52	32	231
TP	7	73	7	88	6	140	7	90	27	391
EM	6	109	6	119	7	127	6	138	25	493
OH	4	206	4	220	5	163	5	151	18	740
LO	5	161	5	166	2	279	4	261	16	867
LC	2	263	3	241	3	264	3	318	11	1086
ED	3	254	2	258	1	521	2	348	8	1381
IL	1	305	0	288	4	187	0	378	5	1158

Club	R1 pts	Race 1 score	Race 2 points	Race 2 score	Race 3 points	Race 3 score	Race 4 points	Race 4 score	Total points	Total score
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**Women's Division 2**

BA	9	123	10	63	9	96	10	39	38	321
EL	10	35	9	92	10	50	6	184	35	361
BR	8	143	7	159	3	308	8	166	26	776
MC	0	222	8	128	7	99	7	166	22	615
ET	6	170	5	213	6	264	4	319	21	966
DA	5	180	4	220	5	267	5	304	19	971
HW	7	160	6	204	4	284	0	342	17	990
LH	0	222	3	223	0	396	9	81	12	922
EE	0	222	0	258	2	319	0	342	2	1141
WG	0	222	0	258	0	396	0	342	0	1218

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**Men's Vets**

EM	18	158	18	114	17	295	18	227	71	794
OH	17	256	13	421	16	424	15	297	61	1398
TP	12	570	17	155	15	505	17	272	61	1502
VP	16	263	7	495	18	288	16	288	57	1334
EL	13	454	16	276	13	620	12	554	54	1904
LO	15	304	15	365	12	636	11	584	53	1889
ET	11	626	11	434	14	565	10	648	46	2273
BA	8	642	14	366	7	1084	13	472	42	2564
BR	7	666	12	423	10	889	9	819	38	2797
LH	9	640	6	529	4	1162	14	448	33	2779
ED	14	449	5	537	6	1113	8	827	33	2926
IL	6	670	9	460	11	790	3	985	29	2905
HW	10	626	10	454	3	1169	4	931	27	3180
DA	5	679	8	489	8	1062	5	930	26	3160
LC	4	747	3	559	9	950	7	885	23	3141
MC	0	804	4	557	1	1260	6	916	11	3537
EE	0	804	0	600	5	1144	3	1034	8	3582
WG	0	804	0	600	2	1197	0	1038	2	3639

Club	R1 pts	Race 1 score	Race 2 points	Race 2 score	Race 3 points	Race 3 score	Race 4 points	Race 4 score	Total points	Total score
<b>Women's Vets</b>										
EM	18	147	17	189	18	179	16	300	69	815
VP	17	186	18	154	17	234	15	389	67	963
LO	16	215	16	239	15	357	12	448	59	1259
OH	14	307	12	394	16	323	17	297	59	1321
EL	15	232	13	297	14	397	13	445	55	1371
BA	11	403	15	258	10	758	18	255	54	1674
TP	13	363	14	281	11	755	14	406	52	1805
ED	12	385	11	455	5	897	9	625	37	2362
ET	9	459	6	524	7	857	6	680	28	2520
MC	0	552	10	456	9	759	8	635	27	2402
DA	6	491	8	486	6	857	7	655	27	2489
BR	5	543	7	494	4	1060	10	518	26	2615
HW	8	484	9	481	8	826	0	714	25	2505
LC	10	409	0	540	12	749	0	714	22	2412
IL	7	489	0	540	13	496	0	714	20	2239
LH	0	552	0	540	0	1074	11	474	11	2640
EE	0	552	0	540	3	1071	0	714	3	2877
WG	0	552	0	540	0	1074	0	714	0	2880
<b>Men's B Team</b>										
VP	18	166	18	238	18	183	18	261	72	848
OH	17	214	13	564	17	238	17	318	64	1334
EM	15	583	16	508	16	442	14	464	61	1997
EL	14	640	14	546	15	732	12	841	55	2759
BR	11	801	12	583	12	1261	9	1011	44	3656
BA	12	801	15	543	0	1332	13	505	40	3181
LO	16	554	0	600	13	1091	10	973	39	3218
TP	0	804	17	495	0	1332	15	419	32	3050
ET	0	804	0	600	14	916	11	888	25	3208
LH	0	804	0	600	0	1332	16	396	16	3132
ED	13	775	0	600	0	1332	0	1038	13	3745
DA	0	804	0	600	11	1299	0	1038	11	3741
EE	0	804	0	600	0	1332	0	1038	0	3774
HW	0	804	0	600	0	1332	0	1038	0	3774
IL	0	804	0	600	0	1332	0	1038	0	3774
LC	0	804	0	600	0	1332	0	1038	0	3774
MC	0	804	0	600	0	1332	0	1038	0	3774
WG	0	804	0	600	0	1332	0	1038	0	3774

**Chingford League Club codes:**

<b>BA</b>	Barnet and District AC
<b>BR</b>	Barking Road Runners
<b>DA</b>	Dagenham 88
<b>ED</b>	Edmonton Running Club
<b>EE</b>	East End Road Runners
<b>EL</b>	East London Runners
<b>EM</b>	Eton Manor AC
<b>ET</b>	East London Triathletes
<b>EH</b>	Enfield and Haringey (rejoining in 2022)
<b>HW</b>	Harold Wood Running Club
<b>IL</b>	Ilford AC
<b>LC</b>	London City AC
<b>LH</b>	London Heathside AC
<b>LO</b>	Loughton AC
<b>MC</b>	Mornington Chasers
<b>OH</b>	Orion Harriers
<b>TP</b>	Trent Park RC
<b>VP</b>	Victoria Park and Tower Hamlets AC
<b>WG</b>	Woodford Green and Essex Ladies