

Chingford League Cross Country Relay - Wanstead Flats - 5th March 2022

All teams

| Team | Club | Cat | Stage 1 | Min | Sec | Pos | Stage 2 | Min | Sec | Pos | Stage 3 | Min | Sec | Pos | Stage 4 | Min | Sec | Pos |
|------|------|-----|--------------------|-----|-----|-----|---------------------|-----|-----|-----|-------------------|-----|-----|-----|-----------------------|-----|-----|-----|
| 15 | OH | SM | Ben Francis SM | 11 | 26 | 4 | Richard Smith SM | 22 | 30 | 2 | George Day SM | 33 | 41 | 1 | Lewis Harknett SM | 44 | 25 | 1 |
| | | | | 11 | 26 | | | 11 | 4 | | | 11 | 11 | | | 10 | 44 | |
| 16 | TP | SM | Jim Arrowsmith VM | 11 | 30 | 5 | Ben Allen SM | 22 | 33 | 3 | Will Rowley SM | 33 | 56 | 3 | Dougal Burrowes SM | 45 | 8 | 2 |
| | | | | 11 | 30 | | | 11 | 3 | | | 11 | 23 | | | 11 | 12 | |
| 1 | BA | SM | Will Morris SM | 11 | 37 | 8 | Gary Pelosi SM | 22 | 42 | 4 | Thomas Thain SM | 34 | 3 | 4 | Edward Spencer SM | 45 | 20 | 3 |
| | | | | 11 | 37 | | | 11 | 5 | | | 11 | 21 | | | 11 | 17 | |
| 55 | OH | SM | Mick McTernan SM | 11 | 23 | 3 | Rob Dutfield SM | 22 | 28 | 1 | Arthur Ansell JM | 33 | 42 | 2 | Josh Seager SM | 45 | 21 | 4 |
| | | | | 11 | 23 | | | 11 | 5 | | | 11 | 14 | | | 11 | 39 | |
| 6 | EM | SM | Paul Boddey VM | 11 | 33 | 7 | Simon Cottle VM | 23 | 2 | 6 | Stevie Boyle SM | 34 | 5 | 5 | Gary Towers VM | 45 | 43 | 5 |
| | | | | 11 | 33 | | | 11 | 29 | | | 11 | 3 | | | 11 | 38 | |
| 56 | TP | SM | Dominic Paine JM | 11 | 13 | 2 | Max Kercher JM | 22 | 53 | 5 | Ethan Jackson JM | 35 | 8 | 6 | Alessio Ferrari JM | 46 | 35 | 6 |
| | | | | 11 | 13 | | | 11 | 40 | | | 12 | 15 | | | 11 | 27 | |
| 17 | VP | SM | Patrick Thomas SM | 12 | 13 | 13 | Tiago Mendes SM | 24 | 1 | 7 | Pete Dyson SM | 35 | 55 | 8 | Jamie Cornuau SM | 47 | 19 | 7 |
| | | | | 12 | 13 | | | 11 | 48 | | | 11 | 54 | | | 11 | 24 | |
| 8 | ET | SM | Neill Whittaker VM | 12 | 28 | 17 | George Tidmarsh SM | 24 | 27 | 10 | Liam O'Mahoney SM | 36 | 35 | 9 | Jack Henson SM | 47 | 37 | 8 |
| | | | | 12 | 28 | | | 11 | 59 | | | 12 | 8 | | | 11 | 2 | |
| 10 | IL | SM | Paul Grange VM | 11 | 0 | 1 | Neil Crisp VM | 24 | 22 | 8 | Ronan Edwards SM | 35 | 47 | 7 | Rhys Edwards SM | 48 | 7 | 9 |
| | | | | 11 | 0 | | | 13 | 22 | | | 11 | 25 | | | 12 | 20 | |
| 46 | EM | SM | Graham White SM | 12 | 8 | 11 | George Fernandez SM | 24 | 44 | 13 | Ed Jenkins SM | 37 | 24 | 13 | Craig Stevens SM | 49 | 21 | 10 |
| | | | | 12 | 8 | | | 12 | 36 | | | 12 | 40 | | | 11 | 57 | |
| 135 | OH | SM | Colin Read VM | 12 | 35 | 18 | Stephen Thompson VM | 24 | 36 | 12 | Adrian Smith VM | 37 | 36 | 14 | Patrick Brown SM | 49 | 51 | 11 |
| | | | | 12 | 35 | | | 12 | 1 | | | 13 | 0 | | | 12 | 15 | |
| 2 | BR | SM | Joe Stacey SM | 11 | 57 | 9 | James Lowndes VM | 24 | 27 | 9 | Simon Abelado VM | 36 | 50 | 10 | Paul Withyman VM | 50 | 1 | 12 |
| | | | | 11 | 57 | | | 12 | 30 | | | 12 | 23 | | | 13 | 11 | |
| 13 | LO | SM | Steve Palmer VM | 12 | 43 | 21 | Jon Whitehouse VM | 25 | 4 | 15 | Alan Fricker VM | 38 | 17 | 15 | Olly Mountstephens SM | 50 | 19 | 13 |
| | | | | 12 | 43 | | | 12 | 21 | | | 13 | 13 | | | 12 | 2 | |

| Team | Club | Cat | Stage 1 | Min | Sec | Pos | Stage 2 | Min | Sec | Pos | Stage 3 | Min | Sec | Pos | Stage 4 | Min | Sec | Pos |
|------|------|------|---------------------|-----|-----|-----|---------------------|-----|-----|-----|------------------------|-----|-----|-----|--------------------------|-----|-----|-----|
| 7 | EL | SM | Scott McMillan VM | 12 | 22 | 16 | John Henry VM | 25 | 5 | 16 | Robert Spread VM | 37 | 14 | 12 | Karan Gadhia SM | 50 | 31 | 14 |
| | | | | 12 | 22 | | | 12 | 43 | | | 12 | 9 | | | 13 | 17 | |
| 36 | TP | SW | Emily Jeanes SW | 12 | 19 | 15 | Anja Greenwood VW | 25 | 17 | 17 | Alex Baird VW | 38 | 26 | 17 | Jessica Prior SW | 51 | 0 | 15 |
| | | | | 12 | 19 | | | 12 | 58 | | | 13 | 9 | | | 12 | 34 | |
| 12 | LH | SM | Andy Barnes SM | 11 | 32 | 6 | Joseph Clemoes SM | 24 | 35 | 11 | Gareth Marshall SM | 37 | 12 | 11 | Pete Crockford VM | 51 | 16 | 16 |
| | | | | 11 | 32 | | | 13 | 3 | | | 12 | 37 | | | 14 | 4 | |
| 151 | OH | SM | Neil McGoun VM | 12 | 44 | 22 | Phu Ly VM | 25 | 33 | 18 | Colin Smith VM | 39 | 11 | 19 | Scott Reid VM | 51 | 33 | 17 |
| | | | | 12 | 44 | | | 12 | 49 | | | 13 | 38 | | | 12 | 22 | |
| 57 | VP | SM | Tim Todhunter SM | 12 | 50 | 24 | Tim Murray VM | 26 | 5 | 19 | Simeon Bennett VM | 38 | 58 | 18 | Kevin Long VM | 51 | 59 | 18 |
| | | | | 12 | 50 | | | 13 | 15 | | | 12 | 53 | | | 13 | 1 | |
| 124 | OH | U15B | Oscar Emery 15 | 12 | 9 | 12 | Eddie D'Souza 15 | 24 | 51 | 14 | William Muffett 15 | 38 | 21 | 16 | Max Bell 15 | 52 | 4 | 19 |
| | | | | 12 | 9 | | | 12 | 42 | | | 13 | 30 | | | 13 | 43 | |
| 148 | OH | SM | Gwilym Johnston VM | 13 | 16 | 27 | James Collett VM | 26 | 46 | 22 | Paul Goodhew VM | 40 | 18 | 22 | David Wilson SM | 52 | 42 | 20 |
| | | | | 13 | 16 | | | 13 | 30 | | | 13 | 32 | | | 12 | 24 | |
| 126 | EM | SM | David Cato VM | 12 | 40 | 20 | Jon Dysdale VM | 26 | 24 | 20 | Robert Sommerville VM | 39 | 47 | 20 | Aaron Johnson-Chapman SM | 53 | 1 | 21 |
| | | | | 12 | 40 | | | 13 | 44 | | | 13 | 23 | | | 13 | 14 | |
| 41 | BA | SM | James Marschalek SM | 12 | 3 | 10 | Boon Wu VM | 26 | 49 | 23 | Peter Ellis VM | 41 | 25 | 25 | Alex Horton SM | 53 | 37 | 22 |
| | | | | 12 | 3 | | | 14 | 46 | | | 14 | 36 | | | 12 | 12 | |
| 136 | TP | SM | Luke Bowie VM | 13 | 15 | 26 | Edwin Coutts VM | 27 | 26 | 24 | Alan Hathaway VM | 40 | 32 | 23 | Adam Walker VM | 53 | 42 | 23 |
| | | | | 13 | 15 | | | 14 | 11 | | | 13 | 6 | | | 13 | 10 | |
| 137 | VP | SM | Neil Ingoe VM | 14 | 11 | 36 | Russell Toone VM | 27 | 56 | 29 | Neil Cook VM | 40 | 16 | 21 | Keith Mussington VM | 54 | 54 | 24 |
| | | | | 14 | 11 | | | 13 | 45 | | | 12 | 20 | | | 14 | 38 | |
| 18 | WG | U15B | Aidan O'Driscoll 15 | 13 | 28 | 29 | Patrick Hayden 15 | 27 | 28 | 25 | Max Henze 15 | 41 | 27 | 26 | Joseph Arnold 15 | 55 | 23 | 25 |
| | | | | 13 | 28 | | | 14 | 0 | | | 13 | 59 | | | 13 | 56 | |
| 37 | VP | SW | Laura Thompson SW | 13 | 12 | 25 | Katrin Flikschuh VW | 28 | 12 | 32 | Ali Trauttmansdorff VW | 41 | 50 | 27 | Lily Zechmann SW | 55 | 26 | 26 |
| | | | | 13 | 12 | | | 15 | 0 | | | 13 | 38 | | | 13 | 36 | |
| 26 | EM | SW | Jenny Heymann VW | 13 | 21 | 28 | Lee Milne VW | 27 | 36 | 26 | Jane Rukin-White SW | 42 | 11 | 29 | Kate Thompson SW | 56 | 7 | 27 |
| | | | | 13 | 21 | | | 14 | 15 | | | 14 | 35 | | | 13 | 56 | |

| Team | Club | Cat | Stage 1 | Min | Sec | Pos | Stage 2 | Min | Sec | Pos | Stage 3 | Min | Sec | Pos | Stage 4 | Min | Sec | Pos |
|------|------|-------|----------------------|-----|-----|-----|------------------------|-----|-----|-----|--------------------|-----|-----|-----|---------------------|-----|-----|-----|
| 144 | OH | U15 G | Abbie Hoult 15 | 14 | 58 | 48 | Kiera Bellas 15 | 34 | 8 | 65 | Evie Maher JW | 52 | 26 | 69 | | 56 | 19 | 28 |
| | | | | 14 | 58 | | | 19 | 10 | | | 18 | 18 | | | 3 | 53 | |
| 47 | EL | SM | Mark Moir SM | 13 | 55 | 34 | Amit Marks VM | 27 | 38 | 27 | Hamza Adan SM | 41 | 22 | 24 | Neil Gage VM | 56 | 21 | 29 |
| | | | | 13 | 55 | | | 13 | 43 | | | 13 | 44 | | | 14 | 59 | |
| 35 | OH | SW | Hayley Rogerson VW | 13 | 57 | 35 | Jasmin Fitzpatrick SW | 28 | 49 | 36 | Anna Louis VW | 42 | 48 | 33 | Claire Huggins SW | 56 | 34 | 30 |
| | | | | 13 | 57 | | | 14 | 52 | | | 13 | 59 | | | 13 | 46 | |
| 53 | LO | SM | John Stubbs SM | 15 | 10 | 52 | James Lambden VM | 29 | 37 | 41 | David Mills VM | 43 | 41 | 36 | Nick Barker SM | 57 | 4 | 31 |
| | | | | 15 | 10 | | | 14 | 27 | | | 14 | 4 | | | 13 | 23 | |
| 48 | ET | SM | Colin Kinsey VM | 13 | 48 | 31 | Michael Loiacono VM | 28 | 27 | 33 | Jeremy Bush VM | 42 | 32 | 31 | Ben Watts SM | 57 | 6 | 32 |
| | | | | 13 | 48 | | | 14 | 39 | | | 14 | 5 | | | 14 | 34 | |
| 100 | OH | SM | Steve Bennett VM | 14 | 39 | 41 | Tim Wright VM | 27 | 49 | 28 | Benjamin Fisher VM | 42 | 47 | 32 | Steve Taylor VM | 57 | 27 | 33 |
| | | | | 14 | 39 | | | 13 | 10 | | | 14 | 58 | | | 14 | 40 | |
| 109 | TP | SM | Kai Wong VM | 14 | 51 | 45 | David Birks VM | 29 | 5 | 38 | Nathan Douglas JM | 43 | 27 | 35 | Matt Bannon VM | 57 | 50 | 34 |
| | | | | 14 | 51 | | | 14 | 14 | | | 14 | 22 | | | 14 | 23 | |
| 33 | LO | SW | Zoe Oldfield VW | 13 | 51 | 33 | Lorna Gaffney VW | 28 | 43 | 35 | Lizzie Knapman JW | 43 | 14 | 34 | Charlotte Palmer JW | 57 | 56 | 35 |
| | | | | 13 | 51 | | | 14 | 52 | | | 14 | 31 | | | 14 | 42 | |
| 5 | EE | SW | Ian Pithouse SM | 14 | 13 | 38 | Steven Ruben Lazaro SM | 28 | 1 | 31 | Jamie Zucker SM | 42 | 25 | 30 | Jim Manzano VM | 58 | 5 | 36 |
| | | | | 14 | 13 | | | 13 | 48 | | | 14 | 24 | | | 15 | 40 | |
| 21 | BA | SW | Charlotte Michael SW | 14 | 39 | 42 | Sarah Boxer VW | 29 | 40 | 43 | Karen Murphy VW | 43 | 53 | 37 | Joanne Kent VW | 58 | 33 | 37 |
| | | | | 14 | 39 | | | 15 | 1 | | | 14 | 13 | | | 14 | 40 | |
| 22 | BR | SW | Debbie Coyle VW | 13 | 46 | 30 | Rosanna Fforde SW | 29 | 38 | 42 | Sarah Friel VW | 44 | 15 | 38 | Jess Collett SW | 58 | 41 | 38 |
| | | | | 13 | 46 | | | 15 | 52 | | | 14 | 37 | | | 14 | 26 | |
| 112 | LO | UB | George Fox JM | 15 | 21 | 57 | Bruno Stubbs JM | 29 | 3 | 37 | Joseph James JM | 44 | 25 | 39 | George Abbott JM | 58 | 44 | 39 |
| | | | | 15 | 21 | | | 13 | 42 | | | 15 | 22 | | | 14 | 19 | |
| 42 | BR | SM | Stuart Mackay VM | 13 | 48 | 32 | Jagbir Bassi SM | 29 | 24 | 40 | Colin Jones VM | 44 | 36 | 40 | Adrian Davison VM | 60 | 27 | 40 |
| | | | | 13 | 48 | | | 15 | 36 | | | 15 | 12 | | | 15 | 51 | |
| 121 | BA | SM | Des Michael VM | 15 | 23 | 58 | Scott Fraser VM | 30 | 39 | 48 | Tim Ward VM | 46 | 30 | 46 | Kelvin Koloko VM | 60 | 50 | 41 |
| | | | | 15 | 23 | | | 15 | 16 | | | 15 | 51 | | | 14 | 20 | |

| Team | Club | Cat | Stage 1 | Min | Sec | Pos | Stage 2 | Min | Sec | Pos | Stage 3 | Min | Sec | Pos | Stage 4 | Min | Sec | Pos |
|------|------|-----|----------------------------|-----|-----|-----|-----------------------|-----|-----|-----|----------------------|-----|-----|-----|-----------------------|-----|-----|-----|
| 106 | EM | SW | Sarah Carey SW | 15 | 0 | 49 | Jess Verrall SW | 29 | 17 | 39 | Jane Pannell VW | 45 | 38 | 43 | Ruth Rose VW | 60 | 58 | 42 |
| | | | | 15 | 0 | | | 14 | 17 | | | 16 | 21 | | | 15 | 20 | |
| 4 | ED | SM | Ilia Loubenski VM | 12 | 39 | 19 | James Gill VM | 26 | 28 | 21 | Michael Whitehead VM | 42 | 5 | 28 | Austen Slattery VM | 61 | 6 | 43 |
| | | | | 12 | 39 | | | 13 | 49 | | | 15 | 37 | | | 19 | 1 | |
| 127 | EL | SM | Mounir Dhabhi VM | 15 | 39 | 61 | Finbar Sheahan VM | 30 | 58 | 49 | Jacob Stevens VM | 45 | 55 | 44 | Ian Mackie VM | 61 | 28 | 44 |
| | | | | 15 | 39 | | | 15 | 19 | | | 14 | 57 | | | 15 | 33 | |
| 139 | OH | SM | Dhurmendra Mistry VM | 18 | 25 | 84 | Russell Brown VM | 31 | 44 | 55 | Chris Napthine SM | 47 | 52 | 52 | | 61 | 33 | 45 |
| | | | | 18 | 25 | | | 13 | 19 | | | 16 | 8 | | | 13 | 41 | |
| 27 | EL | SW | Betty Bohane SW | 15 | 14 | 55 | Caroline Frith VW | 29 | 57 | 45 | Becky Evans VW | 44 | 41 | 41 | Sandra Preston VW | 62 | 0 | 46 |
| | | | | 15 | 14 | | | 14 | 43 | | | 14 | 44 | | | 17 | 19 | |
| 3 | DA | SM | Billy Walkington VM | 14 | 46 | 43 | Daniel Miller SM | 30 | 14 | 46 | Alec Wragg SM | 45 | 10 | 42 | Michael Peggall VM | 62 | 6 | 47 |
| | | | | 14 | 46 | | | 15 | 28 | | | 14 | 56 | | | 16 | 56 | |
| 9 | HW | SM | Michael Braybrook SM | 12 | 49 | 23 | Paul McAuliffe VM | 28 | 39 | 34 | Steve Gourley VM | 45 | 58 | 45 | Martin Hawker VM | 62 | 10 | 48 |
| | | | | 12 | 49 | | | 15 | 50 | | | 17 | 19 | | | 16 | 12 | |
| 120 | OH | SM | Roy Perrott VM | 15 | 3 | 50 | Paul Williams VM | 31 | 34 | 54 | Bill Bennett VM | 47 | 26 | 49 | Andy Kennedy VM | 62 | 57 | 49 |
| | | | | 15 | 3 | | | 16 | 31 | | | 15 | 52 | | | 15 | 31 | |
| 115 | OH | SW | Lorraine Gosling VW | 15 | 25 | 59 | Katherine Taylor VW | 31 | 18 | 51 | Mary Armitage VW | 47 | 30 | 50 | Laura Graham-Clare SW | 63 | 14 | 50 |
| | | | | 15 | 25 | | | 15 | 53 | | | 16 | 12 | | | 15 | 44 | |
| 133 | LO | SM | Mark Fox VM | 15 | 48 | 65 | Nathan Wakinshaw JM | 32 | 37 | 57 | George Smith JM | 48 | 22 | 54 | Tom Meredith SM | 63 | 18 | 51 |
| | | | | 15 | 48 | | | 16 | 49 | | | 15 | 45 | | | 14 | 56 | |
| 45 | EE | SW | Niall Mulholland VM | 14 | 49 | 44 | Nick Gorman VM | 31 | 19 | 52 | Shreeraj Laturia VM | 47 | 21 | 48 | Remi Kubar VM | 63 | 48 | 52 |
| | | | | 14 | 49 | | | 16 | 30 | | | 16 | 2 | | | 16 | 27 | |
| 104 | EM | SM | Dave Daugirda VM | 14 | 13 | 37 | Lance Tabraham VM | 32 | 18 | 56 | Geoff Nicholls VM | 50 | 20 | 61 | Trevor East VM | 64 | 12 | 53 |
| | | | | 14 | 13 | | | 18 | 5 | | | 18 | 2 | | | 13 | 52 | |
| 156 | TP | SW | Amelie Driscoll Edwards JW | 15 | 11 | 53 | Poppy-Jo Allwright JW | 32 | 46 | 59 | Xin-Yi Du JW | 49 | 12 | 56 | Roisin Keohane JW | 64 | 21 | 54 |
| | | | | 15 | 11 | | | 17 | 35 | | | 16 | 26 | | | 15 | 9 | |
| 101 | BA | SW | Stephanie Harrison SW | 15 | 41 | 63 | Kate Phillips VW | 33 | 9 | 62 | Kathryn Ellis SW | 49 | 19 | 57 | Sarah Ralphs SW | 64 | 36 | 55 |
| | | | | 15 | 41 | | | 17 | 28 | | | 16 | 10 | | | 15 | 17 | |

| Team | Club | Cat | Stage 1 | Min | Sec | Pos | Stage 2 | Min | Sec | Pos | Stage 3 | Min | Sec | Pos | Stage 4 | Min | Sec | Pos |
|------|------|-----|--------------------|-----|-----|-----|--------------------|-----|-----|-----|----------------------|-----|-----|-----|--------------------|-----|-----|-----|
| 129 | TP | SM | Chas Taylor VM | 17 | 28 | 74 | John Kercher VM | 33 | 0 | 61 | Paul Hart VM | 49 | 55 | 59 | Paul Ward VM | 64 | 53 | 56 |
| | | | | 17 | 28 | | | 15 | 32 | | | 16 | 55 | | | 14 | 58 | |
| 30 | IL | SW | Amy Bird SW | 14 | 33 | 40 | Gaye Young VW | 31 | 7 | 50 | Hannah Sheikh VW | 47 | 33 | 51 | Pauline Tester VW | 64 | 56 | 57 |
| | | | | 14 | 33 | | | 16 | 34 | | | 16 | 26 | | | 17 | 23 | |
| 155 | OH | SW | Angela Flight VW | 16 | 2 | 67 | Kerry Parker VW | 32 | 54 | 60 | Lucilla Ashton VW | 49 | 54 | 58 | India Emery JW | 65 | 35 | 58 |
| | | | | 16 | 2 | | | 16 | 52 | | | 17 | 0 | | | 15 | 41 | |
| 113 | LO | SW | Laura Fernandez VW | 15 | 40 | 62 | Georgina Taylor VW | 31 | 28 | 53 | Michelle Ayrton VW | 48 | 54 | 55 | Mia Ali SW | 65 | 49 | 59 |
| | | | | 15 | 40 | | | 15 | 48 | | | 17 | 26 | | | 16 | 55 | |
| 50 | IL | SM | Dennis Briggs VM | 14 | 55 | 47 | Andy Catton VM | 29 | 54 | 44 | Jim Tillbrook VM | 47 | 57 | 53 | Trevor Robinson VM | 66 | 5 | 60 |
| | | | | 14 | 55 | | | 14 | 59 | | | 18 | 3 | | | 18 | 8 | |
| 116 | TP | SW | Anna Sikorska VW | 15 | 13 | 54 | Anne Ward VW | 34 | 37 | 70 | Christine Hawker VW | 52 | 20 | 68 | Fiona Hathaway VW | 66 | 16 | 61 |
| | | | | 15 | 13 | | | 19 | 24 | | | 17 | 43 | | | 13 | 56 | |
| 123 | BA | SM | David Scott VM | 16 | 58 | 73 | Vince Peters VM | 34 | 15 | 66 | Melfin Davies VM | 50 | 47 | 63 | Dave Byrne VM | 66 | 41 | 62 |
| | | | | 16 | 58 | | | 17 | 17 | | | 16 | 32 | | | 15 | 54 | |
| 146 | EM | SW | Christina Long VW | 16 | 57 | 72 | Pippa Dowsell VW | 33 | 15 | 63 | Louise Vacher VW | 50 | 8 | 60 | Maud Hodson VW | 66 | 49 | 63 |
| | | | | 16 | 57 | | | 16 | 18 | | | 16 | 53 | | | 16 | 41 | |
| 24 | ED | SW | Katie Moey SW | 15 | 29 | 60 | Helen Gill VW | 34 | 21 | 67 | Jan Hazirci VW | 51 | 43 | 66 | Dora Scavello SW | 67 | 12 | 64 |
| | | | | 15 | 29 | | | 18 | 52 | | | 17 | 22 | | | 15 | 29 | |
| 122 | BR | SM | Ron Vialls VM | 16 | 24 | 69 | Martin O'Toole VM | 34 | 39 | 71 | Nehal Patel SM | 50 | 45 | 62 | Daniel Plawiak VM | 67 | 24 | 65 |
| | | | | 16 | 24 | | | 18 | 15 | | | 16 | 6 | | | 16 | 39 | |
| 43 | DA | SM | Manji Gami VM | 17 | 33 | 75 | Costas Kotrofis VM | 33 | 38 | 64 | John Hughes VM | 51 | 18 | 64 | Jason Manning VM | 69 | 46 | 66 |
| | | | | 17 | 33 | | | 16 | 5 | | | 17 | 40 | | | 18 | 28 | |
| 159 | BR | SM | Jason Li VM | 18 | 21 | 83 | Gary Harford VM | 36 | 25 | 78 | John George VM | 52 | 52 | 70 | Alain Cooper VM | 71 | 5 | 67 |
| | | | | 18 | 21 | | | 18 | 4 | | | 16 | 27 | | | 18 | 13 | |
| 117 | VP | SW | Joyce Berry VW | 15 | 55 | 66 | Sarah Knox VW | 32 | 45 | 58 | Amy Blackburn-Lau SW | 51 | 26 | 65 | Fiona Cobb SW | 71 | 9 | 68 |
| | | | | 15 | 55 | | | 16 | 50 | | | 18 | 41 | | | 19 | 43 | |
| 141 | BA | SW | Linda Dworowski VW | 18 | 15 | 80 | Anna Murray VW | 36 | 58 | 79 | Tracey Deeks VW | 55 | 16 | 76 | Pauline Michael VW | 71 | 52 | 69 |
| | | | | 18 | 15 | | | 18 | 43 | | | 18 | 18 | | | 16 | 36 | |

| Team | Club | Cat | Stage 1 | Min | Sec | Pos | Stage 2 | Min | Sec | Pos | Stage 3 | Min | Sec | Pos | Stage 4 | Min | Sec | Pos |
|------|------|-----|--------------------|-----|-----|-----|-----------------------|-----|-----|-----|----------------------|-----|-----|-----|-----------------------------|-----|-----|-----|
| 153 | LO | SW | Nadine Holland VW | 18 | 19 | 82 | Sharon Palmer VW | 34 | 33 | 69 | Deborah Davies VW | 53 | 28 | 72 | Clare Thomas VW | 72 | 1 | 70 |
| | | | | 18 | 19 | | | 16 | 14 | | | 18 | 55 | | | 18 | 33 | |
| 107 | EL | SW | Catriona Hoult VW | 17 | 37 | 76 | Kate Brett VW | 35 | 25 | 74 | Suzanne Taylor VW | 53 | 21 | 71 | Victoria Charlesworth VW | 72 | 24 | 71 |
| | | | | 17 | 37 | | | 17 | 48 | | | 17 | 56 | | | 19 | 3 | |
| 34 | MC | SW | Anne Caspi VW | 16 | 53 | 71 | Elizabeth Aryeetey VW | 35 | 46 | 76 | Carmen Harrington SW | 53 | 54 | 73 | Jennifer Moore SW | 72 | 46 | 72 |
| | | | | 16 | 53 | | | 18 | 53 | | | 18 | 8 | | | 18 | 52 | |
| 102 | BR | SW | Belinda Riches VW | 17 | 58 | 78 | Joyce Golder VW | 35 | 17 | 73 | Rosie Kaylor VW | 54 | 9 | 74 | Isabel Borobio Pinedo SW | 72 | 57 | 73 |
| | | | | 17 | 58 | | | 17 | 19 | | | 18 | 52 | | | 18 | 48 | |
| 140 | OH | SW | Christine Inch VW | 16 | 28 | 70 | Sarah Mills VW | 34 | 31 | 68 | Paula Fairlamb VW | 56 | 35 | 77 | Helen Pearce VW | 75 | 8 | 74 |
| | | | | 16 | 28 | | | 18 | 3 | | | 22 | 4 | | | 18 | 33 | |
| 25 | EE | SW | Hazel Reade SW | 14 | 53 | 46 | Iclal Lawrence VW | 39 | 17 | 83 | Joanna Dorling VW | 58 | 39 | 80 | Han Lu VW | 78 | 8 | 75 |
| | | | | 14 | 53 | | | 24 | 24 | | | 19 | 22 | | | 19 | 29 | |
| 23 | DA | SW | Sonya Byers VW | 20 | 17 | 91 | Pebbles Wyard SW | 41 | 48 | 86 | Kaya Smith SW | 60 | 24 | 82 | Jennifer Ackroyd VW | 78 | 16 | 76 |
| | | | | 20 | 17 | | | 21 | 31 | | | 18 | 36 | | | 17 | 52 | |
| 103 | DA | SW | Natalie Traylen VW | 18 | 18 | 81 | Rahana Islam VW | 35 | 39 | 75 | Timi Veerasamy VW | 57 | 0 | 78 | Victoria Rose VW | 79 | 27 | 77 |
| | | | | 18 | 18 | | | 17 | 21 | | | 21 | 21 | | | 22 | 27 | |
| 145 | BR | SM | Martin Mason VM | 21 | 10 | 94 | Les Jay VM | 41 | 54 | 87 | Shuhel Khan VM | 57 | 59 | 79 | Rob Courtier VM | 80 | 48 | 78 |
| | | | | 21 | 10 | | | 20 | 44 | | | 16 | 5 | | | 22 | 49 | |
| 147 | EL | SW | Diana Rexhepaj VW | 20 | 29 | 93 | Kathy Morrissey VW | 41 | 43 | 85 | Caroline Moore VW | 61 | 27 | 83 | Sabrina Traynor VW | 81 | 20 | 79 |
| | | | | 20 | 29 | | | 21 | 14 | | | 19 | 44 | | | 19 | 53 | |
| 108 | LO | SW | Mary Johnson VW | 19 | 53 | 89 | Catherine Gurney VW | 42 | 34 | 88 | Michelle Hurley VW | 60 | 12 | 81 | Jean Hobbs VW | 81 | 48 | 80 |
| | | | | 19 | 53 | | | 22 | 41 | | | 17 | 38 | | | 21 | 36 | |
| 143 | BA | SW | Philippa Hart VW | 20 | 18 | 92 | Beverly Dewberry VW | 42 | 39 | 90 | Anneli Sydenham SW | 65 | 56 | 85 | Alessandra Almeida-Jones VW | 84 | 44 | 81 |
| | | | | 20 | 18 | | | 22 | 21 | | | 23 | 17 | | | 18 | 48 | |
| 114 | EM | SW | Sue Unsworth VW | 19 | 44 | 88 | Janine Durrant VW | 37 | 12 | 80 | | 0 | 0 | 0 | | 0 | 0 | 100 |
| | | | | 19 | 44 | | | 17 | 28 | | | -38 | -12 | | | 0 | 0 | |
| 119 | OH | SW | Lynne Wakinshaw VW | 20 | 1 | 90 | Daniela Witten VW | 40 | 38 | 84 | Janet Cassford VW | 62 | 2 | 84 | | 0 | 0 | 101 |
| | | | | 20 | 1 | | | 20 | 37 | | | 21 | 24 | | | -63 | -2 | |

| Team | Club | Cat | Stage 1 | Min | Sec | Pos | Stage 2 | Min | Sec | Pos | Stage 3 | Min | Sec | Pos | Stage 4 | Min | Sec | Pos |
|------|------|-------|------------------------|-----|-----|-----|----------------------------|-----|-----|-----|-----------------|-----|-----|-----|---------|-----|-----|-----|
| 125 | EL | SM | Michael Wilson VM | 15 | 6 | 51 | Thomas Grimes VM | 0 | 0 | 0 | | 0 | 0 | 0 | | 0 | 0 | 102 |
| | | | | 15 | 6 | | | -16 | -6 | | | 0 | 0 | | | 0 | 0 | |
| 128 | ET | SM | Sean Reed VM | 15 | 17 | 56 | Timothy Stodell VM | 30 | 37 | 47 | Graeme Bell VM | 46 | 33 | 47 | | 0 | 0 | 103 |
| | | | | 15 | 17 | | | 15 | 20 | | | 15 | 56 | | | -47 | -33 | |
| 130 | VP | SM | Chris Brammer VM | 15 | 45 | 64 | | 0 | 0 | 0 | | 0 | 0 | 0 | | 0 | 0 | 104 |
| | | | | 15 | 45 | | | -16 | -45 | | | 0 | 0 | | | 0 | 0 | |
| 14 | MC | SM | Matthew Thomas SM | 14 | 26 | 39 | Lachlan Stibbard Hawkes SM | 27 | 58 | 30 | | 0 | 0 | 0 | | 0 | 0 | 105 |
| | | | | 14 | 26 | | | 13 | 32 | | | -28 | -58 | | | 0 | 0 | |
| 142 | BR | SW | Debra Jean-Baptiste VW | 19 | 8 | 87 | Alison Fryatt VW | 42 | 36 | 89 | | 0 | 0 | 0 | | 0 | 0 | 106 |
| | | | | 19 | 8 | | | 23 | 28 | | | -43 | -36 | | | 0 | 0 | |
| 149 | TP | SW | Christine Read VW | 21 | 49 | 95 | Judy Prior VW | 38 | 12 | 81 | | 0 | 0 | 0 | | 0 | 0 | 108 |
| | | | | 21 | 49 | | | 16 | 23 | | | -39 | -12 | | | 0 | 0 | |
| 154 | MC | SW | Maki Kimura VW | 17 | 46 | 77 | | 0 | 0 | 0 | | 0 | 0 | 0 | | 0 | 0 | 109 |
| | | | | 17 | 46 | | | -18 | -46 | | | 0 | 0 | | | 0 | 0 | |
| 160 | OH | U17 G | Imogen Smith 17 | 16 | 19 | 68 | | 0 | 0 | 0 | | 0 | 0 | 0 | | 0 | 0 | 110 |
| | | | | 16 | 19 | | | -17 | -19 | | | 0 | 0 | | | 0 | 0 | |
| 28 | ET | SW | Sarah Odell SW | 18 | 50 | 86 | Lucie Lachnitova VW | 38 | 30 | 82 | | 0 | 0 | 0 | | 0 | 0 | 111 |
| | | | | 18 | 50 | | | 19 | 40 | | | -39 | -30 | | | 0 | 0 | |
| 58 | WG | SM | Harold Wyber SM | 12 | 17 | 14 | | 0 | 0 | 0 | | 0 | 0 | 0 | | 0 | 0 | 112 |
| | | | | 12 | 17 | | | -13 | -17 | | | 0 | 0 | | | 0 | 0 | |
| 150 | VP | SM | Will Yeates SM | 18 | 13 | 79 | Matt Secker VM | 34 | 44 | 72 | Andrew Smith SM | 51 | 53 | 67 | | 0 | 0 | 113 |
| | | | | 18 | 13 | | | 16 | 31 | | | 17 | 9 | | | -52 | -53 | |