

2023-24 Individual Points Competition

First 10 runners in each age category score points

Best 5 from 6 count to season total

U20W

				R1	R2	R3	R4	R5	R6	Total
1577	Eva	Zabulionyte	LO	6	10	8	7	9		40
1580	Emily	Bagshaw	LO		9	7		8		24
1020	Charlotte	Harris	BA	10			9			19
1034	Emma	McCluskey	BA	9			10			19
520	Erin	Molloy	OH	8		9				17
549	Imogen	Smith	OH	7				10		17
1434	Poppy	Allwright	TP			10				10
1083	Florence	Humphrey	BA				8			8
558	Sophie	Grant	OH		6					6
1077	Nathalie	Gilligan	BA			6				6

W20-39

				R1	R2	R3	R4	R5	R6	Total
1492	Kat	Alpe	TP	9	9	10	8	8		44
1303	Jade	Dos Santos	VP	10	10	8	9	3		40
1356	Valerie	Wong	VP	3	7	3	3	7		23
958	Eleanor	George	EM	7		4	4	5		20
300	Francesca	Stocco	LH	5			5	6		16
1392	Catherine	O'Shea	VP				6	9		15
942	Jess	Verrall	EM	2	6		1	4		13
940	Kate	Thompson	EM	8		5				13
1407	Eve	Wilde	VP					10		10
314	Jessica	Prior	LH				10			10
1349	Laura	Thompson	VP			9				9
1369	Lily	Zechmann	VP		8					8
857	Jordan	Hinds	IL			7				7
1399	Lydia	Briggs	VP				7			7
343	Katrina	Kelly	MC	6						6
1114	Coren	Hanley	EE			6				6
828	Gemma	Ellender	IL		5					5
859	Carlie	Qirem	IL		4					4
359	Juliette	Westbrook	MC		3			1		4
503	Claire	Huggins	OH	4						4
602	Rachel	Bailey	EL	1		2				3
1770	Clare	Allen	WG					2		2
522	Rachel	Morison	OH			0	2			2
1426	Valeriya	Potapova	VP		2					2
494	Jasmin	Fitzpatrick	OH		1					1
1301	Vendy	Dohnalova	VP			1				1

U20M

				R1	R2	R3	R4	R5	R6	Total
1531	George	Abbott	LO	3	10	7	6	9		35
1557	Euan	O'Regan	LO	2	8	5	5	10		30
1454	Ben	Halstead	TP	8	9	8				25
1596	Aidan	Oldfield	LO		7	4	4	8		23
1459	Ethan	Jackson	TP	10			9			19
1055	Callum	Sydenham	BA	4		6	7			17
1005	Noah	Clarke	BA	6			8			14
1773	Abel	Woldegiorgis	LH				10			10
485	Deelan	Bushdari	OH			10				10
571	Arthur	Ansell	OH			9				9
827	Ronan	Edwards	IL	9						9
1460	Max	Kercher	TP	7						7
1061	Joe	Ward	BA	5						5
1573	Nathan	Wakinshaw	LO			3				3
508	Owen	Keen	OH	1						1

W40

				R1	R2	R3	R4	R5	R6	Total
1555	Zoe	Oldfield	LO	10	10	10	10			40
1453	Anja	Greenwood	TP	7	8	6	8	8		37
1437	Alex	Baird	TP		9	9	9	9		36
1550	Mary	Knapman	LO	6		7	7	7		27
922	Lee	Milne	EM		7	5	5	5		22
943	Claire	Wagh Cameron	EM	2	4	4	3	3		16
1491	Beata	Falkowska	TP		5		4	4		13
1336	Hazel	Norton-Hale	VP	5		8				13
913	Jenny	Heymann	EM				6	6		12
1371	Kelly	Clark	VP					10		10
303	Celine	Bradley	LH	9						9
1223	Jess	Collett	BR		6	2	1			9
550	Hayley	Rogerson	OH	8						8
1570	Victoria	Thompson	LO		2		2			4
1289	Sue	Bint	VP	4						4
1757	Zoe	Watson	WG			1		2		3
837	Joane	Reeves	IL		3					3
1033	Katherine	March	BA	3						3
1502	Fiona	Hathaway	TP			3				3
1347	Agata	Slota	VP		1					1
1394	Sarah	Whittaker-Axon	VP					1		1

M20-39

				R1	R2	R3	R4	R5	R6	Total
1296	Jamie	Cornuaud	VP	10	10	7	4	7		38
1445	Dougal	Burrowes	TP	4			8	9		21
1357	Joseph	Wood	VP	7	9	5				21
585	Nick	Harris-Fry	OH			8		10		18
704	Patrick	Jackson	NE	9		9				18
1015	Edward	Fraser	BA	3	5	2	5			15
937	Craig	Stevens	EM		4		3	6		13
1458	Matt	Hogsden	TP		7	1		4		12
621	Ryan	Friel	EL	6		6				12
322	Seyfu	Jamaal	LH				10			10
584	Lewis	Harknett	OH			10				10
321	Kader	Seyed	LH				9			9
891	Samuel	Anderson	EM					8		8
705	Seb	Lawrence	NE	8						8
1366	Dominic	Baxter	VP		8					8
1213	James	Claxton	TL		6		1			7
1766	Ismail	Abuker	LH				7			7
1398	Christian	Garvey	VP				6			6
961	Ed	Jenkins	EM					5		5
701	Charlie	Everest	NE	5						5
574	Jamie	Odoki	OH			4				4
569	Reece	Barclay	OH		3					3
1501	Luke	Barker	TP			3				3
1486	Alex	Green	TP					2		2
836	Sam	Rahman	IL		2					2
1052	Edward	Spencer	BA				2			2
1360	George	Clancy	VP	2						2
305	Graham	Wilkinson	LH	1						1
950	Lennart	Horst	EM		1					1

M40

				R1	R2	R3	R4	R5	R6	Total
1298	Joe	Dale	VP	10	10	10	10	10		50
1316	David	Jones	VP	7	9	7	9	5		37
1436	Jim	Arrowsmith	TP	5	5	8	8	3		29
928	James	Pilch	EM	6		9		4		19
561	Brian	Jenkins	OH		8			9		17
1295	Neil	Cook	VP		6		6			12
1304	Alex	Douglas	VP			5		6		11
515	Neil	McGoun	OH		4		5	1		10
792	Piotr	Woloszyn	SO		2		7			9
650	Jose	Rodriguez	EL	9						9
1443	Paul	Brennan	TP	2	7					9
1307	Stephen	Fabes	VP	8						8
306	Andy	Barnes	LH	1				7		8
516	Mick	McTernan	OH					8		8
1569	Ben	Thompson	LO		1		4	2		7
1444	Charlie	Bruce	TP	3		4				7
408	Peter	Cole	ED			6				6
565	Stephen	Thompson	OH		3		2			5
1321	Gavin	Lau	VP	4						4
1481	David	Weir	TP			3				3
1509	Mark	Holloway	TP				3			3
461	Peter	Caton	WG			2				2
1323	Kevin	Long	VP				1			1
1586	Nick	Barker	LO			1				1

W50

				R1	R2	R3	R4	R5	R6	Total
1571	Ali	Trauttmansdorff	LO	10	9	10	10	10		49
479	Nikkii	Barnett	OH	9	8	9	9	7		42
1542	Lorna	Gaffney	LO	7	7	6	5			25
1472	Anna	Sikorska	TP		2	4	6	8		20
1368	Jo	Singer	VP		10			9		19
663	Becky	Evans	EL		6	8	3			17
839	Alison	Sale	IL	5	3	2		6		16
513	Karen	Lyons	OH	8		5				13
405	Loretta	Blundell	ED		1	3	1	5		10
313	Satu	Hietanen	LH				8			8
1287	Joyce	Berry	VP	2	4		2			8
316	Tanya	Addison	LH				7			7
1495	Judy	Prior	TP			7				7
1271	Belinda	Riches	BR					4		4
357	Fiona	Russell	MC				4			4
926	Jane	Pannell	EM	4						4
1559	Sharon	Palmer	LO					3		3
898	Fen	Coles	EM					2		2
544	Jennie	Ingrey	OH	1		1				2
344	Maki	Kimura	MC					1		1

M50

				R1	R2	R3	R4	R5	R6	Total
1431	Scott	Aiken	TP	9	9	10	9	9		46
514	Roger	Maidment	OH	10	10		10	10		40
391	Ilia	Loubenski	ED	8	8	9		8		33
1574	Jon	Whitehouse	LO	7	7			6		20
525	Howard	Protheroe	OH	3		8		3		14
1560	Steve	Palmer	LO			4	4	2		10
951	Russ	Jones	EM		3		7			10
554	Colin	Read	OH	4				4		8
1762	Matthew	Cockerill	LH				8			8
540	Tim	Wright	OH				6	1		7
619	Fernando	Espada	EL			6	1			7
1029	Kelvin	Koloko	BA			7				7
535	Geoff	Whitman	OH	6						6
558	Russell	Brown	OH		6					6
1779	Scott	Reid	OH					5		5
1203	Simon	Foley	TL	1	4					5
1297	Andre	Dahlkamp	VP		5					5
1362	Anthony	Withstandley	VP	5						5
1480	Paul	Ward	TP		2		3			5
1498	Mike	Prior	TP			5				5
1591	Robin	Daines	LO				5			5
957	Robert	Sommerville	EM			1	2			3
1496	Alan	Hathaway	TP			3				3
1355	Simon	Wharton	VP			2				2
412	Kevin	Esdaille	ED		1					1

W60

				R1	R2	R3	R4	R5	R6	Total
510	Christine	Kennedy	OH	10	10	10	10			40
395	Ai Seng	Paul	ED	8	8	9	6	6		37
1040	Sarah	Moffatt	BA	9	9		9			27
1487	Theodosia	Green	TP			7	7	8		22
1154	Susan	Munns	HW		7	6		7		20
312	Caroline	White	LH				8	10		18
326	Elizabeth	Aryeetey	MC	5	4	5		3		17
912	Gail	Hennessey	EM	7				9		16
1053	Geraldine	Stapleton	BA	3	2	4	4	2		15
476	Mary	Armitage	OH	6		8				14
661	Mary	Connolly	EL		6			5		11
617	Ann	Dunne	EL	1	1	3	2			7
1026	Kirsty	Johnstone	BA				3	4		7
434	Becky	Tanner	ED				5			5
505	Christine	Inch	OH		5					5
1141	Debbie	Bailey	HW	4						4
1294	Philippa	Cockman	VP			2		1		3
557	Karen	Allworthy	OH		3					3
1012	Linda	Dworowski	BA				1			1
1468	Margarel	O'Donnell	TP			1				1

M60

				R1	R2	R3	R4	R5	R6	Total
1036	Richard	McCormick	BA	10	10	10	10	10		50
1462	Stuart	Manktelow	TP	5	8	8	7	7		35
1551	James	Lambden	LO	7		6	8	6		27
460	Tony	Pamphilon	WG	8	9	9				26
1008	Grahame	Davies	BA	1	6	7	5			19
872	Steve	Chissell	IL				9	9		18
1234	Martin	Page	BR		7	5	6			18
1007	Andrew	Cunningham	BA	6				8		14
632	Ian	Mackie	EL	3		3	3	4		13
902	Dave	Daugirda	EM	4				5		9
1002	Paul	Bassa	BA	9						9
1375	William	Burbridge-Jame	VP		5		2			7
654	Clive	Stephenson	EL	2		4	0			6
463	Paul	Stockings	WG		4			2		6
673	Calvin	Bobin	EL			2	4			6
1014	Peter	Ellis	BA		3		1			4
874	Ray	Dzikowski	IL					3		3
710	Gary	Cardnell	DA		2					2
1268	John	George	BR			1				1
846	Andy	Catton	IL		1					1