

Chingford Legue 2025 Relays - Wansted Flats Vets Results

Club	Athlete	Leg Time	Athlete	Leg Time	Athlete	Leg Time	Athlete	Leg Time	Team Total
LO	Ben Thompson	00:12:03	Jon Whitehouse	00:12:15	Nick Barker	00:12:44	Steve Palmer	00:13:13	00:50:15
VP	David Jones	00:11:40	Simeon Bennett	00:13:09	Dan McPhilimey	00:13:13	Tim Murray	00:13:14	00:51:16
EM	Gaz Towers	00:11:40	Paul Boddey	00:11:59	Owain Crispin	00:13:45	Trevor East	00:13:52	00:51:16
OH	Graham Wilkinson	00:11:02	Pat Brown	00:12:29	Tim Wright	00:13:46	Mark Farrar	00:14:58	00:52:15
SO	Piotr Woloszyn	00:11:22	James Screen	00:12:53	Mat Barber	00:13:51	Martin Kelson	00:14:23	00:52:29
IL	Fabrizio Stefanoni	00:12:30	Sebastian Parris	00:12:38	Neil Crisp	00:13:45	Steve Crane	00:14:31	00:53:24
TP	Scott Aiken	00:12:40	Robert Sikorski	00:12:52	Paul Brennan	00:13:04	John Rose	00:15:05	00:53:41
EL	Neil Blanchi	00:12:43	Alex Pickering	00:13:01	Michael Bamford	00:14:23	Simon Nash	00:14:36	00:54:43
BA	Richard McCormick	00:13:07	Chun Ng	00:13:20	Alex Shuker	00:13:41	Brian Lallaway	00:14:47	00:54:55
EE	Mark Sheraton	00:14:05	Jolly Lazar	00:13:48	Jim Manzano	00:13:56	Richard Gill	00:13:58	00:55:47
ED	Ilia Loubenski	00:12:37	James Akerman	00:13:02	Simon Watkinson	00:14:36	Ben Thomas	00:15:33	00:55:48
BR	Paul Withyman	00:13:12	James Lowndes	00:13:41	Peter Jackson	00:14:20	Adrian Davison	00:15:38	00:56:51

Club	Athlete	Finish Time	Athlete	Leg Time	Athlete	Leg Time	Athlete	Leg Time	Team Total
LO	Mary Knapman	00:14:00	Ali Trauttsmansdorff	00:14:16	Victoria Thompson	00:14:34	Kristina Siupsinsk	00:15:11	00:58:01
OH	Hayley Rogerson	00:13:51	Harriet McSweeny	00:14:25	Nikki Barnet	00:14:56	Julie Pond	00:15:11	00:58:23
TP	Anja Greenwood	00:13:50	Siobhan Weir	00:14:42	Anna Sikorski	00:15:39	Emily Weir	00:16:39	01:00:50
VP	Kelly Clark	00:13:39	Mya Akbar	00:14:17	Annie Davey	00:16:31	Joyce Berry	00:16:38	01:01:05
ED	Katie Moey	00:14:23	Rita Moran	00:15:25	Loretta Blundell	00:16:26	Ai Seng Paul	00:17:05	01:03:19
EL	Cindy Koon	00:15:18	Catherine Perry	00:16:34	Nicola Wyndham	00:16:43	Becky Evans	00:15:12	01:03:47
EM	Jenny Heymann	00:14:21	Lee Milne	00:14:37	Fen Coles	00:17:37	Louise Vacher	00:17:44	01:04:19
EC	Rachel Dervish	00:14:49	Fiona Hathaway	00:15:06	Lynn Jones	00:18:16	Anna Louise O'Toole	00:18:28	01:06:39
BA	Jana Jilkova	00:15:52	Sarah Moffatt	00:17:13	Ann Phillips	00:18:00	Charlotte Gilligan	00:18:50	01:09:55
IL	Alison Sale	00:16:08	Dianne Crisp	00:18:53	Frieda Keane	00:19:51	Pauline Tester	00:17:44	01:12:36
BR	Belnda Riches	00:16:31	Kaye Jackson	00:16:54	Lizzie-Beth Garraghan	00:18:24	Veronika Barikor	00:22:37	01:14:26
EE	Emma Humphrey	00:15:46	Lisa Naylor	00:16:43	Vinodini Patel	00:26:05	Karen Leung-Chester	00:17:37	01:16:11