

2023-24 Individual Points Competition

First 10 runners in each age category score points

Best 5 from 6 count to season total

U20W

			R1	R2	R3	R4	R5	R6	Total
1577	Eva	Zabulionyte	LO	6	10	8	7		31
1020	Charlotte	Harris	BA	10			9		19
1034	Emma	McCluskey	BA	9		10			19
520	Erin	Molloy	OH	8		9			17
1752	Emily	Bagshaw	LO		9	7			16
1434	Poppy	Allwright	TP			10			10
1083	Florence	Humphrey	BA				8		8
549	Imogen	Smith	OH	7					7
1077	Nathalie	Gilligan	BA			6			6
558	Sophie	Grant	OH		6				6

W20-39

			R1	R2	R3	R4	R5	R6	Total
1303	Jade	Dos Santos	VP	10	10	8	9		37
1492	Kat	Alpe	TP		9	10	8		27
1356	Valerie	Wong	VP	3	7	3	3		16
940	Kate	Thompson	EM	8		5			13
300	Francesca	Stocco	LH	5			5		10
314	Jessica	Prior	LH			10			10
942	Jess	Verrall	EM	2	6		1		9
1349	Laura	Thompson	VP			9			9
958	Eleanor	George	EM			4	4		8
1369	Lily	Zechmann	VP		8				8
1399	Lydia	Briggs	VP			7			7
857	Jordan	Hinds	IL			7			7
1392	Catherine	O'Shea	VP				6		6
1114	Coren	Hanley	EE			6			6
343	Katrina	Kelly	MC	6					6
828	Gemma	Ellender	IL		5				5
859	Carlie	Qirem	IL		4				4
503	Claire	Huggins	OH	4					4
359	Juliette	Westbrook	MC		3				3
602	Rachel	Bailey	EL	1		2			3
1426	Valeriya	Potapova	VP		2				2
522	Rachel	Morison	OH				2		2
1301	Vendy	Dohnalova	VP			1			1
494	Jasmin	Fitzpatrick	OH		1				1

U20M

				R1	R2	R3	R4	R5	R6	Total
1531	George	Abbott	LO	3	10	7	6			26
1454	Ben	Halstead	TP	8	9	8				25
1557	Euan	O'Regan	LO	2	8	5	5			20
1459	Ethan	Jackson	TP	10			9			19
1055	Callum	Sydenham	BA	4		6	7			17
1556	Aidan	Oldfield	LO		7	4	4			15
1005	Noah	Clarke	BA	6			8			14
1773	Abel	Woldegiorgis	LH				10			10
485	Deelan	Bushdari	OH			10				10
571	Arthur	Ansell	OH			9				9
827	Ronan	Edwards	IL	9						9
1460	Max	Kercher	TP	7						7
1061	Joe	Ward	BA	5						5
1573	Nathan	Wakinshaw	LO			3				3
508	Owen	Keen	OH	1						1

M20-39

				R1	R2	R3	R4	R5	R6	Total
1296	Jamie	Cornuau	VP	10	10	7	4			31
1357	Joseph	Wood	VP	7	9	5				21
704	Patrick	Jackson	NE	9		9				18
1015	Edward	Fraser	BA	3	5	2	5			15
1445	Dougal	Burrowes	TP	4			8			12
621	Ryan	Friel	EL	6		6				12
322	Seyfu	Jamaal	LH				10			10
584	Lewis	Harknett	OH			10				10
321	Kader	Seyed	LH				9			9
1458	Matt	Hogsden	TP		7	1				8
585	Nick	Harris-Fry	OH			8				8
705	Seb	Lawrence	NE	8						8
1366	Dominic	Baxter	VP		8					8
1213	James	Claxton	TL		6		1			7
937	Craig	Stevens	EM		4		3			7
1766	Ismail	Abuker	LH				7			7
1398	Christian	Garvey	VP				6			6
701	Charlie	Everest	NE	5						5
574	Jamie	Odoki	OH			4				4
569	Reece	Barclay	OH		3					3
1052	Edward	Spencer	BA				2			2
836	Sam	Rahman	IL		2					2
1360	George	Clancy	VP	2						2
305	Graham	Wilkinson	LH	1						1
950	Lennart	Horst	EM		1					1

W40

			R1	R2	R3	R4	R5	R6	Total
1555	Zoe	Oldfield	LO	10	10	10	10		40
1453	Anja	Greenwood	TP	7	8	6	8		29
1437	Alex	Baird	TP		9	9	9		27
1550	Mary	Knapman	LO	6		7	7		20
922	Lee	Milne	EM		7	5	5		17
943	Claire	Wagh Cameron	EM	2	4	4	3		13
1336	Hazel	Norton-Hale	VP	5		8			13
1223	Jess	Collett	BR		6	2	1		9
1491	Beata	Falkowska	TP		5		4		9
303	Celine	Bradley	LH	9					9
550	Hayley	Rogerson	OH	8					8
913	Jenny	Heymann	EM				6		6
1570	Victoria	Thompson	LO		2		2		4
1289	Sue	Bint	VP	4					4
837	Joane	Reeves	IL		3				3
1033	Katherine	March	BA	3					3
1347	Agata	Slota	VP		1				1
1757	Zoe	Watson	WG			1			1

M40

			R1	R2	R3	R4	R5	R6	Total
1298	Joe	Dale	VP	10	10	10	10		40
1316	David	Jones	VP	7	9	7	9		32
1436	Jim	Arrowsmith	TP	5	5	8	8		26
928	James	Pilch	EM	6		9			15
1295	Neil	Cook	VP	0	6	0	6		12
515	Neil	McGoun	OH	0	4	0	5		9
792	Piotr	Woloszyn	SO	0	2		7		9
650	Jose	Rodriguez	EL	9					9
1443	Paul	Brennan	TP	2	7				9
561	Brian	Jenkins	OH		8				8
1307	Stephen	Fabes	VP	8					8
1444	Charlie	Bruce	TP	3		4			7
408	Peter	Cole	ED			6			6
565	Stephen	Thompson	OH		3		2		5
1569	Ben	Thompson	LO	0	1	0	4		5
1304	Alex	Douglas	VP	0		5			5
1321	Gavin	Lau	VP	4					4
1509	Mark	Holloway	TP				3		3
1481	David	Weir	TP	0	0	3			3
461	Peter	Caton	WG	0		2			2
1586	Nick	Barker	LO			1	0		1
1323	Kevin	Long	VP	0	0	0	1		1
306	Andy	Barnes	LH	1					1

W50

			R1	R2	R3	R4	R5	R6	Total
1571 Ali	Trauttmansdorff	LO	10	9	10	10			39
479 Nikkii	Barnett	OH	9	8	9	9			35
1542 Lorna	Gaffney	LO	7	7	6	5			25
663 Becky	Evans	EL		6	8	3			17
513 Karen	Lyons	OH	8		5				13
1472 Anna	Sikorska	TP		2	4	6			12
839 Alison	Sale	IL	5	3	2				10
1368 Jo	Singer	VP		10					10
1287 Joyce	Berry	VP	2	4		2			8
313 Satu	Hietanen	LH				8			8
316 Tanya	Addison	LH				7			7
1495 Judy	Prior	TP			7				7
405 Loretta	Blundell	ED		1	3	1			5
926 Jane	Pannell	EM	4			0			4
357 Fiona	Russell	MC				4			4
544 Jennie	Ingrey	OH	1		1				2

M50

			R1	R2	R3	R4	R5	R6	Total
1431 Scott	Aiken	TP	9	9	10	9			37
514 Roger	Maidment	OH	10	10		10			30
391 Ilia	Loubenski	ED	8	8	9				25
1574 Jon	Whitehouse	LO	7	7					14
525 Howard	Protheroe	OH	3		8				11
951 Russ	Jones	EM		3		7			10
1560 Steve	Palmer	LO			4	4			8
1762 Matthew	Cockerill	LH				8			8
1029 Kelvin	Koloko	BA			7				7
619 Fernando	Espada	EL			6	1			7
540 Tim	Wright	OH				6			6
535 Geoff	Whitman	OH	6						6
558 Russell	Brown	OH		6					6
1480 Paul	Ward	TP		2		3			5
1591 Robin	Daines	LO				5			5
1498 Mike	Prior	TP			5				5
1203 Simon	Foley	TL	1	4					5
1297 Andre	Dahlkamp	VP		5					5
1362 Anthony	Withstandley	VP	5						5
554 Colin	Read	OH	4						4
957 Robert	Sommerville	EM			1	2			3
1496 Alan	Hathaway	TP			3				3
1355 Simon	Wharton	VP			2				2
412 Kevin	Esdaille	ED		1					1

W60

			R1	R2	R3	R4	R5	R6	Total
510	Christine	Kennedy	OH	10	10	10	10		40
395	Ai Seng	Paul	ED	8	8	9	6		31
1040	Sarah	Moffatt	BA	9	9		9		27
1487	Theodosia	Green	TP			7	7		14
326	Elizabeth	Aryeetey	MC	5	4	5			14
476	Mary	Armitage	OH	6		8			14
1053	Geraldine	Stapleton	BA	3	2	4	4		13
1154	Susan	Munns	HW		7	6			13
312	Caroline	White	LH				8		8
617	Ann	Dunne	EL	1	1	3	2		7
912	Gail	Hennessey	EM	7					7
661	Mary	Connolly	EL		6				6
434	Becky	Tanner	ED				5		5
505	Christine	Inch	OH		5				5
1141	Debbie	Bailey	HW	4					4
1026	Kirsty	Johnstone	BA				3		3
1294	Philippa	Cockman	VP			2			2
1012	Linda	Dworowski	BA				1		1
1468	Margarel	O'Donnell	TP			1			1

M60

			R1	R2	R3	R4	R5	R6	Total
1036	Richard	McCormick	BA	10	10	10	10		40
1462	Stuart	Manktelow	TP	5	8	8	7		28
460	Tony	Pamphilon	WG	8	9	9			26
1551	James	Lambden	LO	7		6	8		21
1008	Grahame	Davies	BA	1	6	7	5		19
1234	Martin	Page	BR		7	5	6		18
632	Ian	Mackie	EL	3		3	3		9
872	Steve	Chissell	IL				9		9
1002	Paul	Bassa	BA	9					9
1375	William	Burbridge-Jame	VP		5		2		7
654	Clive	Stephenson	EL	2		4			6
673	Calvin	Bobin	EL			2	4		6
1007	Andrew	Cunningham	BA	6					6
1014	Peter	Ellis	BA		3		1		4
463	Paul	Stockings	WG		4				4
902	Dave	Daugirda	EM	4					4
710	Gary	Cardnell	DA		2				2
1268	John	George	BR			1			1
846	Andy	Catton	IL		1				1